



Caddo Mills Middle School

2026-2027 Volleyball Tryouts



<u>Date:</u>	<u>7th Grade</u>	<u>8th Grade</u>
Wed 8/12	Nothing, just make sure you have a physical so you can try out starting tomorrow!	Tryouts after school until 6:00 for athletes; <u>LAST NAMES A-M</u>
Thurs 8/13	Tryouts during the school athletic period only (all 7th vb girls)- no afterschool!	Tryouts during the school athletic period (all 8th vb girls) & after school until 6:00 for athletes; <u>LAST NAMES N-Z</u>
Fri 8/14	Tryouts during the school athletic period (all 7th vb girls) & after school until 6:00 for athletes; <u>LAST NAMES A-M</u>	Tryouts during the school athletic period (all 8th vb girls), no afterschool. *Tryout letters will be handed out after school.
Mon 8/17	Tryouts during the school athletic period (all 7th vb girls) & after school until 6:00 for athletes; <u>LAST NAMES N-Z</u>	Team practice during the athletic period. No Afterschool!
Tues 8/18	Tryouts during the school athletic period (all 7th vb girls) & after school until 6:00 <u>ALL 7th VB Girls!</u> *Tryout letters will be given this day after practice around 6:30.	Team practice during the athletic period. No Afterschool!
Wed 8/19	Team practice during the athletic period & afterschool practice until 6:00.	Team practice during the athletic period. No Afterschool!
Thurs 8/20	Team practice during the athletic period & <u>1st home game vs. Quinlan!</u>	Team practice during the athletic period & <u>1st home game vs. Quinlan!</u>

Tryout Requirements:

**There will be 4 teams this year (8A, 8B, 7A & 7B)*

- Athletes must be enrolled in the MS girls athletic period (1st period- 8th grade, 2nd period-7th grade).
- Athletes must have an updated athletic physical before trying out. **IF YOU DO NOT HAVE A PHYSICAL, YOU WILL NOT BE ALLOWED TO TRYOUT!** Take this form and have it completed by your doctor or an urgent care clinic. Once completed, you may turn this form into a middle school coach, office personnel, or bring it to the Girls Athletic Parent Meeting on August 6th. You may also bring it on the 1st day of school.

Physical Form: <https://www.uil texas.org/files/athletics/PrePhysFormRvvsd2026.pdf>

Standard Expectations for CMMS Volleyball:

- Athletes are expected to attend all practices and games (we understand there are some scenarios that can't be avoided and we will do our best to work through those) .
***Practices will be after school until 5:45 each day.**
- Athletes must maintain a 70 or above average in all of their classes in order to be eligible to participate in all middle school sports!
 - All other expectations will be discussed at the parent meeting.

*****If your daughter makes a team, there will be a mandatory parent meeting on Wednesday, August 19th @ 6:30 pm in the Middle School Gym*****